



SANGUINE

BEAUTY & WELLNESS COLLEGE



Information Brochure



A Fascinating Career...

A **somatologist** is a specialist in skin care and body care, massage and makeup. Beauty therapists are able to plan, apply and market face, body, feet and hand treatments and makeup. They can also provide professional advice on exercise and fitness regimes and formulate diet and nutritional support.

As a caring profession, beauty therapy requires a personality, which is naturally warm and sympathetic. As a scientifically based profession it also demands the most comprehensive and professional training.

What we Offer

2 Year level 6 diploma - ITEC & CIDESCO

Part time certificate courses

Weekend workshops

Accreditation

Sanguine College is accredited internationally with ITEC and CIDESCO and with SAAHSP in South Africa. This means you will receive highly regarded qualifications of the health and beauty industry both nationally and internationally.

Entry requirements

The minimum requirements for full time studies are a grade 12 certificate. A subject choice that includes biology will be helpful.

Career information

The possible careers are endless:

- Spa Therapist in spas and cruise liners
- Spa Manager
- Lifestyle Consultant
- Makeup Artist
- Specialised Masseur working with sports teams
- Work with the medical field of aesthetic doctors
- Spa designer alongside architects
- Nutritionist and Fitness consultant

Full Time Training Programme

This is a course where students must be committed, dedicated, organised and focused about their new career.

Subjects include:

Facial Skincare
Chemical face peeling
Makeup
Advanced Makeup
Depilation: Waxing
Manicure/Pedicure
Holistic & Swedish massage
Advanced facial treatments
Advanced body treatments
Exercise and Gym instruction
Spa and Heat therapy
Anatomy and Physiology
Dermatology
Business & Professionalism and Hygiene
Diet and Nutrition

Extra workshops include:

Nail Technology
Eyelash Extensions
Hawaiian massage
Hot stone massage

Aromatherapy
Reflexology
Indian Head massage

Contact Details

Tel 044 873 4513

Cell 072 227 5969

Fax 086 243 7409

PO Box 9803 George 6530

Address 4 Sunningdale close, King George Park
George

Email: reception@sanguinewellness.co.za

Open Hours

Mon - Fri 8h30 - 17h00



www.sanguinewellness.co.za