



# SANGUINE

BEAUTY & WELLNESS COLLEGE



Information Brochure



## **A Fascinating Career...**

A **somatologist** is a specialist in skin care and body care, massage and makeup. Beauty therapists are able to plan, apply and market face, body, feet and hand treatments and makeup. They can also provide professional advice on exercise and fitness regimes and formulate diet and nutritional support.

As a caring profession, beauty therapy requires a personality, which is naturally warm and sympathetic. As a scientifically based profession it also demands the most comprehensive and professional training.

## **What we Offer**

2 Year level 6 diploma - ITEC & CIDESCO

Part time certificate courses

Weekend workshops

## **Accreditation**

Sanguine College is accredited internationally with ITEC and CIDESCO and with SAAHSP in South Africa. This means you will receive highly regarded qualifications of the health and beauty industry both nationally and internationally.

## **Entry requirements**

The minimum requirements for full time studies are a grade 12 certificate. A subject choice that includes biology will be helpful.

## Career information

The possible careers are endless:

- Spa Therapist in spas and cruise liners
- Spa Manager
- Lifestyle Consultant
- Makeup Artist
- Specialised Masseur working with sports teams
- Work with the medical field of aesthetic doctors
- Spa designer alongside architects
- Nutritionist and Fitness consultant

## Full Time Training Programme

This is a course where students must be committed, dedicated, organised and focused about their new career.

### Subjects include:

Facial Skincare  
Chemical face peeling  
Makeup  
Advanced Makeup  
Depilation: Waxing  
Manicure/Pedicure  
Holistic & Swedish massage  
Advanced facial treatments  
Advanced body treatments  
Exercise and Gym instruction  
Spa and Heat therapy  
Anatomy and Physiology  
Dermatology  
Business & Professionalism and Hygiene  
Diet and Nutrition

### Extra workshops include:

Nail Technology  
Eyelash Extensions  
Hawaiian massage  
Hot stone massage

Aromatherapy  
Reflexology  
Indian Head massage

# Contact Details

**Tel** 044 873 4513

**Cell** 072 227 5969

**Fax** 086 243 7409

**PO Box** 9803 George 6530

**Address** 4 Sunningdale close, King George Park  
George

**Email:** reception@sanguinewellness.co.za

## Open Hours

Mon - Fri 8h30 - 17h00



[www.sanguinewellness.co.za](http://www.sanguinewellness.co.za)