

Price List

Back Massage	R150	30min
Back Massage Treatment	R180	45min
Golfer's Massage - <i>Back and Feet Treatment</i>	R240	60min
Full Body Massage	R240	60min
Full Body Massage	R300	90min
Deep Tissue Massage	R340	75min
Hot Stone Massage	R250	60min
Reflexology	R180	45min
Foot Massage	R100	20min
Back Stress Relief	R250	60min
<i>Scrub, Massage, Mask & Scalp Massage</i>		
Hair and Scalp Treatment	R180	45min
Body Glow Exfoliation	R150	30min
Body Cocoon Wrap	R250	60min
Body Slimming Muscle Stimulation	R250	60min
G5 Slimming or Massage	R140	30min
G5 Slimming or Massage	R180	45min

Vitaderm is a results orientated range that combines the latest advances in ingredient research with natural plant extracts and essential oils to achieve maximum therapeutic benefits.

Theravine Facial Therapy - <i>nourish & firm</i>	R280	60min
Theravine Gold Facial - <i>anti ageing</i>	R490	90min
Vitaderm Facial Therapy - <i>purify & hydrate</i>	R250	60min
Chemical Peel Courses	Enquire at reception	
+ Advanced Machine to any Facial	R100	30min
TimeCare Eye Treatment	R150	20min
Tinting or Grooming	R50	20min
Pen Needling Advanced Treatment	R780	45min
Eyelash Extensions	R300	90min
Makeup - Special Occasion or Bridal	R300	60min

Conditioning Hand Ritual	R130	30min
Revitalizing Foot Ritual	R130	45min
Manicure Hand Treatment	R160	60min
Pedicure Foot Treatment	R160	60min
Blissful Feet Pedicure - <i>Paraffin Wax, Renew Callous Treatment and 20min Back Massage</i>	R300	90min
Re-varnish Nails	R50	20min
Paraffin Wax Treatment	R80	20min
Renew Callous Treatment	R80	20min
Gel Polish Application	R200	60min
Biosculpture Gel Overlay	R250	90min
Biosculpture Gel Tips	R350	90min
Soak off / Removal	R80	30min
Full Leg Wax	R180	60min
3/4 Leg Wax	R150	40min
Arm / Chest / Stomach Wax	R150	30min
Bikini or Underarm Wax	R120	30min
Brazilian Bikini Wax	R180	40min
Facial Wax - <i>Chin or Lip or Brow</i>	R50	20min

Rasul Steam Chamber R110 30min
+ R10 extra per person

Jacuzzi R150 30min

Relaxation Room Available

Opening Times

Monday	9am – 5pm	Friday	9am – 5pm
Tuesday	9am – 7pm	Saturday	9am - 3pm
Wednesday	9am – 5pm	Sunday	Closed
Thursday	9am – 7pm	Public holidays	9am – 1pm

Spa Etiquette

Arrive 10min before the start of your treatment.
Cancel your booking the previous day if unable to attend.
Bring your swimwear along if you have body treatments booked.
Be sure to mention any preferences or concerns you have.
This is your special time booked so be sure to switch off your cellphone.

Payment methods

Cash, card or pre-arranged electronic transfers are welcome.

Gift vouchers are available

Spoil someone special with a treatment they desire.
The envelope will be embellished and elegantly presented.

044 873 4513 072 227 5969

reception@sanguinewellness.co.za

www.sanguinewellness.co.za